

## **DISTRICT WELLNESS PROGRAM**

The Board recognizes the relationship between student well-being and student achievement as well as the importance of a comprehensive district wellness program. Therefore, the district will continue to provide developmentally appropriate and sequential nutrition and physical education as well as opportunities for physical activity.

### **Wellness Policy Development**

The district will draft the wellness program policy by utilizing a team that consists of at least one (1) parent, student, nurse, school food service representative, Board member, school administrator, member of the public, and other community members as appropriate. The Board designates the following individual as wellness program coordinator: Assistant Superintendent. The wellness program coordinator will be in charge of implementation and evaluation of this policy.

### **Nutrition Guidelines**

It is the policy of the Republic R-III School District that all foods and beverages made available on campus during the meal periods are consistent with the Missouri Eat Smart nutrition guidelines. Guidelines for reimbursable school meals will not be less restrictive than regulations and guidance issued by the Secretary of Agriculture pursuant to law. The district will create incremental implementation procedures that address all foods available to students throughout the school day.

### **Nutrition and Physical Education**

The district will provide nutrition and physical education aligned with the Show-Me Standards and Missouri's Frameworks for Curriculum Development in Health/Physical Education in all grades. The wellness program coordinator, in consultation with the district administration and Board of Education, will develop procedures that address nutrition and physical education.

### **Other School-Based Activities**

The wellness program coordinator, in consultation with the district administration and Board of Education, is charged with developing procedures addressing other school-based activities to promote wellness.

FILE: ADF  
Critical

## Evaluation

The wellness program coordinator will ensure all education curricula and materials pertaining to wellness are accurate, complete, balanced and consistent with the state and district's educational goals and standards. The wellness program coordinator shall be responsible for devising a plan for implementation and evaluation of the district wellness policy and is charged with operational responsibility for ensuring that schools meet the goals of the district wellness policy. The wellness program coordinator will report to the Board annually.

\* \* \* \* \*

*Note: The reader is encouraged to check the index located at the beginning of this section for other pertinent policies and to review administrative procedures and/or forms for related information.*

Adopted: 12/19/2005

Cross Refs: EF, Food Services Management  
EFB, Free and Reduced-Cost Food Services  
IGAEA, Teaching about Drugs, Alcohol and Tobacco  
KI, Public Solicitations/Advertising in District Facilities

Legal Refs: §§ 610.010 - .028, RSMo.  
The Child Nutrition and WIC Reauthorization Act of 2004, Section 204, P.L. 108  
- 265  
The Richard B. Russell National School Lunch Act, 42 U.S.C. §§ 1751 - 1769h  
The Child Nutrition Act of 1966, 42 U.S.C. §§ 1771 - 1789

Republic R-III School District, Republic, Missouri